

Bugging Out

Gear Guide & Checklist

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Bugging out is an exercise unlike anything most of us have ever undertaken before. Regardless of how prepared you think you are, you're not. You may have all of the gear you could ever want. You can have five different routes prepared for getting from home to safe haven. You might even have the physique capable of hoofing it on foot with 80lbs. of gear strapped to every loadable space the human body has. But the one thing you probably do not have is the actual experience of a disaster to rely on. Very few of us have ever been in the thick of it when the chips were down. A few of us have, but the vast majority of us haven't a clue as to what surviving a natural or manmade disaster will entail. We read about it. We watch it on TV and the big screen. We may even hear about it on the radio, or get firsthand info from someone who has survived an ordeal, but many of us have never had the misfortune ourselves. Even when we do experience surviving a natural or

manmade disaster, we tend to do what humans do, and take it for granted. If we survived the first time a tornado came through and wiped out every house on the block but ours, we develop a false sense of security and immortality.

The gear guide we will be sharing with you today is not an all-inclusive gear guide. There are far too many products, manufacturers and personalities out there for us to even come close to covering all that is available. What we will do is provide you with direction. The gear will be listed categorically for ease of use. If you do not find something suitable within this guide, we do urge you to continue conducting individual research for the piece of gear that appeals to your prepping plan. It is assumed and understood that bugging out involves the actual process of getting away from a place of danger to a place of safety, and all points in between. That being said, the gear we are listing below needs to be carried in a Bugout Bag.

Bags & Backpacks—

You are going to need a bag/backpack for everyone in the family. Bear in mind that not all participants bugging out will be capable of carrying their own bag. This means gear will have to be carried for them, either in everyone else's packs, or in a separate pack that is shuffled around from person to person as the party moves along.

- ✓ [C.E.R.T. Premium Backpack](#)—this is suitable for a smaller child to carry.
- ✓ [Large Hiker's Backpack](#)—suitable for teenagers and young adults.
- ✓ [SF Basic Bugout Kit](#)—this is a complete kit prepared and assembled for you by the folks at Survival Frog.
- ✓ [C.E.R.T. Duffle Bag](#)—perfect carryall for equipment that doesn't fit in a backpack.
- ✓ [34" Duffle Bag](#)—Extra-large suitable for adults to shoulder.
- ✓ [30" Duffle Bag](#)—Large, suitable for small framed adults.
- ✓ [26" Duffle Bag](#)—Medium sized bag, suitable for teenager and young adults.
- ✓ [22" Duffle Bag](#)—Small/Medium sized bag suitable for pre-teens.
- ✓ [18" Duffle Bag](#)—Small sized bag suitable for younger children.

Completed Bugout Kits—

This category contains Bugout Bags and kits that have been handpicked and assembled for you to alleviate some of the stress and confusion that may come along with just getting started in the prepping community. You can also purchase from this category if you simply do not have the time to focus on assembling all of the suggested gear in this guide by yourself.

- ✓ [Guardian Survival Pal](#)—72 hour food and water supply kit for children.
- ✓ [Earthquake Zone 3 Day Kit](#)—72 hours of supplies suitable for 1 person for 3 days.
- ✓ [Earthquake Zone 3 Day Power Kit](#)—72 hours of supplies suitable for 1 person for 3 days.
- ✓ [Guardian Hunter's Survival Kit](#)—72 hours of supplies suitable for 1 person for 3 days.
- ✓ [Guardian Deluxe](#)—1 person kit with 72 hours of supplies.
- ✓ [Guardian 2 Person Backpack](#)—supplies for 2 people for up to 3 days.
- ✓ [Guardian 2 Person Elite Backpack](#)—beefier supplies for 2 people to survive up to 3 days.
- ✓ [Guardian Elite Survival Kit](#)—72 hours of supplies.
- ✓ [Guardian Survival Kit](#)—the bare minimum of supplies for 72 hours for 1 person.
- ✓ [Guardian 2 Person Deluxe Kit](#)—enough supplies for 2 people for 3 days.
- ✓ [Guardian 4 Person Elite](#)—supplies and equipment for 4 people for up to 3 days.

- ✓ [Guardian 4 Person Deluxe](#)—supplies and equipment for 4 people for up to 3 days.
- ✓ [Guardian 10 Person Bucket](#)—supplies and equipment for 10 people for 3 days.
- ✓ [5 Person Premium Kit](#)—supplies and equipment for 5 people for up to 7 days.
- ✓ [Nexis 6 Person Grab 'n' Go Kit](#)—supplies for 6 people for up to 3 days.
- ✓ [Guardian Tornado Kit](#)—supplies and equipment for 1 person for up to 3 days.
- ✓ [Basic 2 Person Starter Kit](#)—supplies and equipment for 2 people for up to 3 days.

Food—

The items listed in this category are intended to be included in a separate bug out bag that you are assembling for yourself, and/or loved ones. Quite often people prefer putting together their own bug out bags, as it ensures they include only the supplies and equipment the individual deems necessary to assure a better chance at survival. The foods in this category are designed to give you 3-5 days of sustenance to travel from the disaster zone to the safe haven. You will need to have adequate supplies and/or seeds to begin growing food as soon as you get there, depending on the nature of the event.

- ✓ [2400 Calorie Food Bar](#)—6 high density food bars containing 400 calories each.
- ✓ [3600 Calorie Food Bar](#)—9 high density food bars containing 400 calories each.
- ✓ [Mountain House Beef Stroganoff](#)—2.5 servings, just add water.
- ✓ [Mountain House Chicken & Rice](#)—3 servings, just add water.
- ✓ [Mountain House Eggs & Bacon](#)—1.5 servings, just add water.
- ✓ [Mountain House Granola/Blueberries](#)—2 servings, just add water.
- ✓ [Mountain House Raspberry Crumble](#)—4 servings, just add water.
- ✓ [MRE 3 Course Premium Meal Kits/12 Pack](#)—12 servings, may require water.
- ✓ [Mountain House Spaghetti w/Meat Sauce](#)—2 servings, just add water.
- ✓ [Mountain House Grilled Chicken/Mashed Potatoes](#)—2 servings, just add water.
- ✓ [Mountain House Chili Mac](#)—2 servings, just add water.
- ✓ [Mountain House Sweet & Sour Pork w/Rice](#)—2 servings, just add water.
- ✓ [Mountain House Breakfast Skillet](#)—1 serving, just add water.
- ✓ [Mountain House Hearty Beef Stew](#)—2 servings, just add water.
- ✓ [Millennium Energy Bars](#)—1 case, 144 bars.
- ✓ [Mountain House Lasagna Pro Pak](#)—1 serving, just add water.
- ✓ [Mountain House Garden Peas](#)—2 servings, just add water.
- ✓ [Mountain House Chicken Teriyaki & Rice](#)—2.5 servings, just add water.
- ✓ [Mountain House Beef Stroganoff](#)—4 servings, just add water.
- ✓ [Mountain House Chicken Salad](#)—2 servings, just add water.
- ✓ [Mountain House 72 Hr. Emergency Kit](#)—9 servings, just add water.
- ✓ [Mountain House Mac & Cheese](#)—2 servings, just add water.
- ✓ [Mountain House Hearty Beef Stew](#)—4 servings, just add water.
- ✓ [Mountain House Green Beans](#)—2 servings, just add water.
- ✓ [Mountain House Corn](#)—2 servings, just add water.
- ✓ [Mountain House Chicken a la King](#)—3 servings, just add water.
- ✓ [Mountain House 1 Person/7 Day Package](#)—28 servings, just add water.
- ✓ [Wise Company Teriyaki & Rice Cook in the Pouch](#)—6 servings, just add water.
- ✓ [Wise Company Chili Mac Cook in the Pouch](#)—6 servings, just add water.
- ✓ [Mountain House Chicken fajita Wraps](#)—2 servings, just add water.
- ✓ [Mountain House Turkey Tetrazzini](#)—2 servings, just add water.

- ✓ [Mountain House Chicken & Rice](#)—2 servings, just add water.
- ✓ [Mountain House Pasta Primavera](#)—1 large serving, just add water.
- ✓ [Mountain House Pasta Primavera](#)—2 servings, just add water.
- ✓ [Mountain House Noodles & Chicken](#)—2.5 servings, just add water.
- ✓ [Mountain House Mexican Chicken & Rice](#)—2 servings, just add water.
- ✓ [Mountain House Long Grain & Wild Rice Pilaf](#)—2 servings, just add water.
- ✓ [Mountain House Lasagna w/Beef Sauce](#)—4 servings, just add water.
- ✓ [Mountain House Lasagna w/Beef Sauce](#)—2 servings, just add water.
- ✓ [Wise Company Cook in the Pouch Favorites Box](#)—7 servings, just add water.
- ✓ [Wise Company Cook in the Pouch Sample Pack](#)—4 servings, just add water.

Water—

In this category you will find survival gear specifically related to bugging out. Bugging out will require finding and harvesting water along the route. As these will be unproven, and untrusted water resources, we will need to filter the water before drinking it. It is recommended that you stock up on water purification/filtration equipment of the personal nature. Water is literally the elixir of life here on planet Earth, you cannot survive for more than 3 days without it. You will not find large quantities of purified bottled water in this category. Although you may find smaller quantities available in pouches, designed for bug out bags, we would advise against carrying too many pouches, water is one of the heaviest items to carry.

- ✓ [LifeStraw Personal Filter](#)—1 person, 264 gallon filtration capacity.
- ✓ [LifeStraw Go Bottle](#)—1 person, 264 gallon filtration capacity.
- ✓ [Portable Aqua Purification Tablets](#)—50 count, 25 quart purification capacity.
- ✓ [Sawyer Mini Water Filtration System](#)—4 person, 100,000 gallon filtration capacity.
- ✓ [6 Pack Purified Water Pouches](#)—6 individual pouches of water.
- ✓ [Micropur Water Purification Tablets](#)—20 pack, 20 quart purification capacity.
- ✓ [H2O Water Survival Kit](#)—50 tablets & 6 pouches of purified drinking water.
- ✓ [Katadyn Pocket Microfilter](#)—13,000 gallon filtration capacity.
- ✓ [Sport Berkey Water Filter Bottle](#)—filtration capacity depends on water source.
- ✓ [Nalgene 1 Quart Water Bottle](#)—does not filter water, extremely durable for transportation.
- ✓ [X Pack Military Water Filter](#)—14.5 gallon filtration capacity, 1 person, 1 week.
- ✓ [Water Filtration Bottle](#)—1 person, 100 gallon filtration capacity.
- ✓ [Aquamira Frontier Filter](#)—1 person, 20 gallon filtration capacity.
- ✓ [Aquamira Water Filtration Bottle](#)—1 person, 100 gallon filtration capacity.
- ✓ [Katadyn Vario Dual Microfilter](#)—family unit, 2 liters per minute filtration/purification capacity.
- ✓ [Katadyn Combi Microfilter](#)—family unit, 13,000 gallon filtration capacity.
- ✓ [Katadyn Hiker Pro Water Filter](#)—1 person, 200 gallon filtration capacity.
- ✓ [Katadyn Base Camp Pro](#)—family unit, 1,500 liter filtration capacity. This may be useful to have for storing an adequate supply of water overnight while in route to safe haven.
- ✓ [Replacement Filter for Base Camp & Hiker Katadyn](#)—1 filter replacement.
- ✓ [LifePack Emergency Water Filter](#)—1 person, 2.375 gallon filtration capacity.
- ✓ [HydroPack Emergency Water Filter](#)—6 individual single use packs.
- ✓ [Katadyn MyBottle Purifier](#)—1 person, 26 gallon capacity.
- ✓ [Katadyn MyBottle Microfilter](#)—1 person, 26 gallon capacity.
- ✓ [Katadyn Hiker Microfilter](#)—1 person, 200 gallon capacity.

Fire & Cooking Gear—

In order to enjoy many of the meals listed above in the food category, it is going to be imperative that you have the means of starting a fire and cooking the food, or boiling water to add to the pouches. The items listed in this category are designed for those purposes and are able to be added to the bug out bag rather easily.

- ✓ [Guardian Portable Stove & Fuel Tablets](#)—1 stove, 24 fuel tablets.
- ✓ [Portable Stove Fuel Tablets](#)—24 replacement fuel tablets to be used with portable stoves.
- ✓ [Spork](#)—multi function eating utensil.
- ✓ [BioLite Camp Stove](#)—1 portable wood stove capable of converting heat into energy.
- ✓ [Survival Stove Combo Pack](#)—1 stove, 24 fuel tablets, 24 replacement fuel tablets.
- ✓ [Power Practical Pot](#)—cooking device capable of converting heat into energy.
- ✓ [Single Burner Propane Stove](#)—1 stove, requires propane tanks to operate.
- ✓ [ReadyFuel Stove & Gel Packs](#)—1 portable stove, 16 gel packs.
- ✓ [Magnesium Fire Starting Tool](#)—1 magnesium rod and striker.
- ✓ [Waterproof Matches](#)—several boxes of waterproof matches.
- ✓ [Paracord Shoelace Fire Starter](#)—1 cleverly designed fire starting shoelace.
- ✓ [Fire Stick Fire Starting Tool](#)—1 magnesium rod and striker.

First Aid—

The amount of medical gear you will need to bring with you when bugging out from one location to another will depend largely upon the number of people traveling with you, as well as any known, and/or existing medical conditions which may be present among those members. The items you find in this category are going to focus on individual and family needs. If you are part of a much larger prepper group, this is something that should be discussed with all active members of that group. Bear in mind that without the proper knowledge to use what you have in your bug out bags, it is useless. You must include the proper courses of training to effectively utilize the material found in first aid kits of this variety. Basic First Aid and CPR are highly recommended courses to complete.

- ✓ [Snake Bite Kit](#)—supplies for addressing snake bites.
- ✓ [Emergency Deluxe Dental Kit](#)—family sized unit, can be carried in a single bug out bag.
- ✓ [37 Pc. Portable First Aid Kit](#)—minimal supplies for addressing minor injuries.
- ✓ [Ebola Rated Viramask](#)—5 pack viral masks.
- ✓ [Potassium Iodide Tablets](#)—nuclear radiation protection.
- ✓ [Potassium Iodide Tablets](#)—200 pack bottle of nuclear radiation protection tablets.
- ✓ [Guardian 107 Pc. Portable First Aid Kit](#)—family sized wall box but will fit in a bug out bag.
- ✓ [EMT First Responder Style Kit](#)—409 pieces of medical equipment fit for a family.
- ✓ [124 Pc. Premium First Aid Kit](#)—small box with medical supplies for a family.
- ✓ [Hip Pack Medical Kit](#)—320 pieces of medical equipment and supplies.
- ✓ [Insect Sting Relief](#)—100 prep pads.
- ✓ [Antibiotic Ointment](#)—100 packs.
- ✓ [Premium First Aid Kit](#)—66 pieces of medical equipment and supplies.
- ✓ [Burn Cream Packets](#)—100 count box.
- ✓ [Premium First Aid Kit](#)—32 pieces of medical equipment and supplies.
- ✓ [Guardian CPR Barrier](#)—1 barrier designed for use when performing CPR.

- ✓ [Roll Bag Medical Kit](#)—130 pieces of medical equipment and supplies.
- ✓ [Gauze Rolls](#)—50 count box.
- ✓ [Rapid Care First Aid Kit](#)—234 pieces of medical equipment and supplies.
- ✓ [Emergency Mini Dental First Aid Kit](#)—small quantity of dental related first aid supplies.
- ✓ [Rapid Care First Aid Kit](#)—183 pieces of medical equipment and supplies.
- ✓ [First Aid Tape](#)—24 count box.
- ✓ [Sunscreen Lotion](#)—100 count box.
- ✓ [5" x 9" Trauma Dressing Pads](#)—50 count box.
- ✓ [Lip Ointment](#)—100 count box.
- ✓ [2 Tablet Antacid Packs](#)—100 count box.
- ✓ [2 Tablet Ibuprofen Packs](#)—100 count box.
- ✓ [2 Tablet Non-Aspirin Packs](#)—100 count box.

Emergency Communications—

When bugging out it will be a good idea to have some form of communications equipment with you. Depending on the situation you may not be able to use smart devices such as phones and tablets. The items you will find in this category are designed to be lightweight and portable. They are also designed to provide access to radio stations which may be carrying news of significance and relevance to your current situation. Additionally you may want to invest in personal communications equipment of the walkie talkie variety in order to maintain contact with your loved ones.

- ✓ [Kaito Credit Card Radio](#)—AM/FM radio, clock alarm.
- ✓ [Eton Crank Radio](#)—hand crank powered radio and flashlight.
- ✓ [Pocket Radio w/Headphones](#)—AM/FM radio with headphones.
- ✓ [Dynamo Flashlight Radio](#)—combination radio and flashlight as well as charger.
- ✓ [Midland Walkie Talkies](#)—36 mile 42 channel range.
- ✓ [Kaito Pocket Sized Radio](#)—AM/FM/Weather radio.
- ✓ [Midland Walkie Talkies](#)—36 mile 50 channel range.
- ✓ [Dynamo Cranking Shower Radio](#)—hand crank powered shower radio.
- ✓ [Kaito Pocket Sized Radio](#)—portable AM/FM radio.
- ✓ [Midland Walkie Talkies](#)—24 mile 22 channel range.
- ✓ [Dynamo Pocket Sized Radio](#)—AM/FM/Weather radio.
- ✓ [Pocket Radio](#)—AM/FM portable radio.

Personal Hygiene—

This is going to be an area you will want to focus on from a personal stand point. Your personal hygiene habits are unknown, therefore we will list items in this category for both genders. These items will be basic in nature and able to fit in a bug out bag. If you have personal needs not met by this list you will need to accommodate accordingly.

- ✓ [Female Hygiene Kit](#)—22 pieces of equipment and supplies.
- ✓ [Portable Solar Shower](#)—5 gallon capacity.
- ✓ [FRIO Insulin Cooling Case](#)—specially designed case to help keep insulin cool.
- ✓ [Deluxe Hygiene Kit](#)—12 pieces of equipment and supplies.
- ✓ [N 95 Respirator w/Exhale](#)—10 count box.
- ✓ [Hygiene Kits Bulk](#)—4 individual Hygiene kits for the price of 3.
- ✓ [N 95 Respirator Dust Masks](#)—2 count box.

- ✓ [Male Hygiene Kit](#)—20 pieces of equipment and supplies.
- ✓ [N 95 Cone Molded Respirators](#)—20 count box.
- ✓ [Protective Nuisance Dust Mask](#)—50 count box.
- ✓ [Family Hygiene Kit](#)—70 pieces of equipment and supplies.
- ✓ [Pocket Tissue Packets](#)—10 count box.
- ✓ [N 95 Folding Respirators](#)—20 count box.

Off Grid Energy & Emergency Lighting—

Believe it or not we can live without the availability of energy, man did it for centuries before the industrial age came along. That being said, having something as simple as light, can be a great stress reliever. It provides us with a sense of normalcy in troubling times and it allows us to see what we are doing without having to ignite a fire. We may also need power to charge certain items we've brought along, such as rechargeable batteries in a portable radio.

- ✓ [Berkey Solar Charger](#)—multi-use charger converts solar power into useful energy.
- ✓ [Safe & Sound Solar Charger](#)—small portable solar charger for cell phones and small portable radios.
- ✓ [Solar Air Lantern](#)—solar powered inflatable lantern.
- ✓ [Survival Candle](#)—36 hour capacity.
- ✓ [Survival Candle](#)—36 hour capacity.
- ✓ [Chemical Glow Sticks](#)—12 hour capacity.
- ✓ [Chemical Glow Sticks](#)—12 hour capacity, 12 pack box.
- ✓ [Dynamo Cell Phone Charger](#)—hand crank cell phone charger.

Survival Tools—

There are several survival tools you may want, or need to bring along in your bug out bag. Again this will vary by person and location. The items listed below will make life a lot easier to accommodate and manage in a survival situation. You may find that you need some of these items more than you think, so take your time going over this list and make sure you haven't forgotten anything.

- ✓ [Stainless Steel Pocket Knife](#)—15 functions with a carrying case.
- ✓ [Pocket Knife](#)—16 function pocket knife without a carrying case.
- ✓ [Auto Emergency Knife](#)—pocket knife with special seatbelt cutting groove.
- ✓ [Boker Ceramic Knife](#)—completely non-magnetic. (Pay attention here)
- ✓ [Cold Steel Mini Lawman Knife](#)—folding knife with carrying case.
- ✓ [Spyderco Delica Knife](#)—folding knife with Emerson opener.
- ✓ [6 in 1 Survival Tool](#)—multipurpose survival tool with attachments.
- ✓ [Paracord Grenade](#)—9 ft. of paracord with 10 survival tools inside.
- ✓ [Paracord](#)—100 ft. of 7 strand 550 paracord.
- ✓ [Auto Emergency Tool](#)—escape assisting tool for automotive emergencies.
- ✓ [5 in 1 Survival Whistle](#)—5 survival tools incorporated in one easy to carry device.
- ✓ [Guardian Hatchet](#)—3 function cutting tool.
- ✓ [Paracord Belt](#)—over 125 ft. of 550 paracord in combination of colors.
- ✓ [Survival Wallet Tool](#)—11 in 1 multipurpose pocket sized tool.
- ✓ [Paracord Bracelet](#)—survival bracelet with rescue whistle.
- ✓ [Duct Tape](#)—1 roll 60 yards long.
- ✓ [Mini Survival Combo Pack](#)—small scale survival tools, compact and easy to use.
- ✓ [Compact Shovel](#)—multipurpose entrenchment type tool.

- ✓ [Quake Hold](#)—museum putty.
- ✓ [Guardian Multipurpose Tool](#)—multipurpose tool.
- ✓ [Screwdriver](#)—6 in 1 combination tool.
- ✓ [Leather Palm Working Gloves](#)—working gloves to protect hands.
- ✓ [Multipurpose Tool](#)—14 in 1 function tool.
- ✓ [Guardian HELP Flag](#)—rescue signal flag.
- ✓ [Crowbar](#)—15” pry bar.
- ✓ [Folding Pick Shovel](#)—folding shovel for bug out bags.
- ✓ [Bolt Cutters](#)—18” handles.
- ✓ [Bow Saw](#)—2 blades, 18” cutting surface.
- ✓ [Hand Axe](#)—small hand axe with cover.
- ✓ [POGO Pry Bar](#)—15” pry bar and gas shut off tool.
- ✓ [Hand Saw](#)—folding hand saw.
- ✓ [Safety Glasses](#)—1 pair of premium safety glasses.
- ✓ [Folding Shovel](#)—triple action folding entrenchment tool.
- ✓ [Vise Grips](#)—10” set of vice grips.
- ✓ [Sledge Hammer](#)—3 lb. sledge hammer.
- ✓ [Lineman’s Pliers](#)—8” variety.
- ✓ [Channel Lock Pliers](#)—standard channel locks.
- ✓ [Firefighter’s Hatchet](#)—2 lb. variety.
- ✓ [Pipe Wrench](#)—24” variety.
- ✓ [Claw Hammer](#)—1 pound variety.
- ✓ [Hacksaw](#)—3” deep cut.
- ✓ [C.E.R.T. Notebook](#)—all weather documentation notebook.
- ✓ [Crescent Wrench](#)—10” variety.

Shelters & Warmth—

Last, but not least, we will cover a few items to consider placing in your bug out bag to provide you with the comfort and security of warmth and shelter. Several of the items in this category may be multi-functional. Shelter and warmth are two of the top priorities to consider when deciding to bug out. Sleeping outside, in the elements, without the comfort of some form of shelter, will be taxing on the mind and the body, not to mention increase the chances of getting sick along the route.

- ✓ [2 Person Tube Tent](#)—a simple and easy to assemble tent that will keep you out of the elements.
- ✓ [Emergency Sleeping Bag](#)—Mylar space blanket sleeping bag.
- ✓ [SOL Bivvy](#)—emergency survival blanket and carrying case.
- ✓ [Body Warmers](#)—3 pack, 20 hour capacity.
- ✓ [Guardian Disaster Relief Blanket](#)—nice wool blanket.
- ✓ [Emergency Poncho](#)—rain poncho with hood.
- ✓ [Fleece Blanket](#)—50” x 60” fleece blanket.
- ✓ [Dome Tent](#)—2 person dome tent.
- ✓ [Sleeping Bag](#)—hooded base camp style sleeping bag.
- ✓ [Explorer Sleeping Bag](#)—unhooded and smaller than the base camp above.
- ✓ [Camping Pad](#)—portable foam camping pad for sleeping on.
- ✓ [Redwood Sleeping Bag](#)—ultralight design.

- ✓ [Vinyl Poncho](#)—heavy duty w/hood.
- ✓ [SOF Sleeping Bag](#)—lightweight construction.
- ✓ [Rain Suit](#)—industrial strength 3 piece rain gear.

This completes the gear guide list we have assembled to share with you. The items on this list will give you a strong foothold on achieving the various steps you have established as part of your personal preparedness plan. There are literally thousands of manufacturers to choose from when it comes to survival gear. If items listed here do not appeal to you for whatever reason, we strongly urge you to continue researching and shopping until you find the item that suits you.

Some of this may seem a bit overwhelming at first, and it is simply because it is not something you have grown accustomed to yet. Once you begin the process of building out your preparedness plan you will find it is a living, breathing exercise that continues to flourish and expand as your knowledge and interest grow. The first item to concentrate on getting is the bug out bag itself. The size, shape and style of bag chosen will dictate, to a degree, what you can bring along.

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